

Search for Certainty

“Our Greatest Need”

Lesson # 15 of 30

Let's check our understanding...

1. God is deeply interested in our physical well being.
 True False
2. Giving glory to God includes our physical, mental, and spiritual health.
 True False
3. According to the Bible, our bodies are: (check all that apply)
 owned by God
 to be used as a living sacrifice
 to be dedicated to God's glory
 going to die anyway, so we can do what we want with them
4. God's original diet only included fruits, nuts, grains, and vegetables
 True False
5. Draw a line to the proper identification for each “clean” meat group:
Land animals fins and scales
Sea creatures winged creatures with 4 jointed legs for hopping
Insects all that are not listed
Birds spit hoof and chews the cud
6. Had Israel followed God's principles of health, He would have protected them from the deadly diseases of Egypt which included: heart disease, cancer, diabetes, obesity, and sexually transmitted diseases.
 True False
7. Alcoholic beverages and other drugs slowly destroy God's temple.
 True False
8. God wants us to trust Him for our physical and emotion struggles.
 True False

What do you think...

Why does God promise to give us the ability to be in charge of our own physical desires and cravings? _____

- I choose to surrender my body as a temple for the indwelling of the Holy Spirit. I choose to place into my body only those things which will give glory to God.

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